in oN Noni

Antigoni (Noni) Glykos was born on March 13, 1966



The dreams of a bride

Employment - A Guide for Scandinavian tourists in Greece

Person Most Admired - Her mother

Favorite Movie - Out of Africa

Noni's Passion - Ancient history

Biggest Concern - Being good at motherhood

Favorite Food - Great Greek fish dishes

She was crazy about Christmas and loved decorating the house!

Favorite Colors - Blue, black and white

Activity - Noni loved to travel

Favorite Song - Don't Pay the Ferryman

Favorite Drink - Ice coffee frappe

Favorite Musician - Richard Claiderman (pianist)



Presents under the tree and a special gift in me!

December 18, 1998 - Noni's son is born



December 25, 1998 - The best Christmas ever!

February 10, 1999

Noni is diagnosed with lung cancer

February 13, 1999

She is told that she has less than nine months to live

February 14, 1999

Noni learns that her lung cancer has spread to her brain and kidneys

March 13, 1999

Noni shows courage and concern as she speaks at her final birthday Her face is swollen as a tumor blocks blood flow back to her heart

Click here to watch a short clip of Noni turning 33 (2MB)



A new mother's pride



June 20, 1999

Antigoni (Noni) Glykos Died on June 24, 1999

Age 33 Years, 3 Months, 11 Days

A victim of small cell lung cancer & Camel cigarettes



Click to Enlarge

"Pleasure to Burn" or "Pleasure that Burns?"

Noni started smoking cigarettes at age 14





Noni's son's first birthday

Her dream of her and her husband building their own home died with her ...

... as did her dream of having at least two children ...

... as did all her other dreams ...

... and many of the dreams of those who loved her!

April 1, 2006

Hello everybody,

My name is John and I am Noni's brother. I live in Athens, Greece and I am also a smoker who quit 5 years and 350 days ago and I am still trying... On 16th of April it will be 6 full years and 2006 will mark the 7th year without my sister in our lives.

Believe it or not, there is no day that goes by without thinking of her and the fact that she died so young. She would have been 40 this past 13th of March and for sure she would have been angry because she always wanted to stay young.

I hope that she can "see" the impact of her life to all of you. More than 2,000 messages the past 18 months only! Most of them related to quitting this nasty addiction that each year takes away so many! It is really hard to handle all the love and the emotions that you are "sending" through the messages but I save them so my children and most of all Noni's son will read them when they grow up.

Many times you make me cry, not of because I feel sad but because you make me feel so proud about my sister's life and so lucky because I had her for 29 years in my life.

NONI IF YOU CAN SEE ALL OF US DOWN HERE PLEASE HELP US TO STOP SMOKING OURSELVES AND TO HELP OTHERS TO DO SO...

Thank you all on behalf of NONI

God bless you,

John Glykos and Family Athens, Greece

Visit the Glykos Family's Memorial to Noni

Email the Glykos Family

Youth Smoking Prevention

Additional Reading

- Meet Noni's killer
- Meet Bryan, age 34
- Meet Sean, age 19
- Why was Kim's lung removed?
- Watch our 64 free video quitting lessons





Read John and Joel's free PDF quitting books



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Last updated on August 14, 2010 by John R. Polito